

# **Delia's Food and Wine Workshop with Alex Mackay**

**Summer Entertaining 17 June 2010**

**Dishes subject to change according to availability**

## **Demonstration**

### **Summertime Main Courses**

Aubergine "Burger" with Smoked Paprika, Sunblush Tomatoes and Greek Salad

Grilled Ribeyes with Olives, Artichokes, Parma Ham, Rocket, Orange, and Cherry Tomato Salsa

Braised Seabream with a Prawn, Red Pepper and Green Curry Broth

### **Summertime Menu**

Provençal Crab Salad with Tomato Fondue and Ratatouille Dressing

Boning a Guinea Fowl

Roast Poultry Stock

Roast Guinea Fowl with Puy Lentils, Peas and Guinea Fowl Boudin Blanc

Crisp Strawberry Mille Feuille with Strawberry Sorbet

## **Lunch**

Provençal Crab Salad with Tomato Fondue and Ratatouille Dressing

Roast Guinea Fowl with Boudin Blanc, Puy Lentils, Peas and Tarragon

Quartet of Strawberry Desserts